

Consequences of Childhood and Adolescent Obesity

Common

- Growth
- Psychosocial
- High blood cholesterol - leading to heart disease
- Abnormal glucose metabolism
- Persistence into adulthood

Uncommon

- Hypertension
- Sleep apnea
- Gall stones
- Orthopedic problems

Consequences of Adult Obesity

- Psychosocial
- Cardiovascular
 - High blood cholesterol levels
 - Diabetes mellitus
 - High blood pressure
 - Respiratory
 - Cardiac arrest
- Medical
 - Polycystic ovary disease
 - Gall bladder disease
 - Osteoarthritis
 - Cancer
- Pregnancy and the postpartum
- Mortality